



# **TECHNICAL DATA**

Dimensions	37,5 x 35 x 17,5 cm
Weight	2,9 kg
Voltage	Input: AC 100 -240 V, 50/60 Hz, 800 mA Output: DC 12 V, 2000 mA
Nominal power	24 watt
Runtime	15 minutes
Certificates	CERX



Casada International GmbH Obermeiers Feld 3 33104 Paderborn Germany www.casada.com



# FOOTINN II

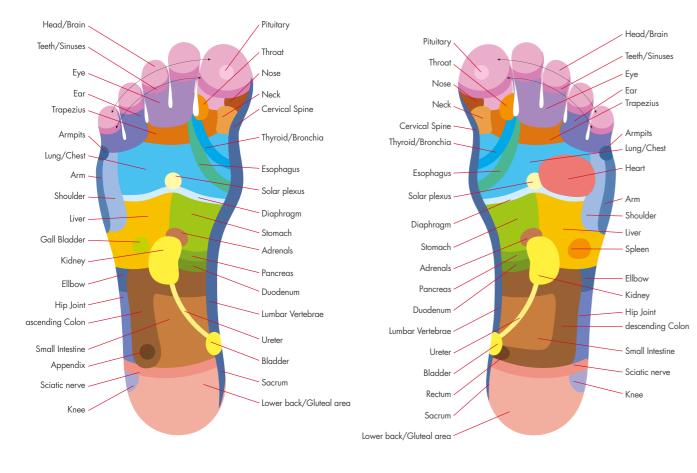






## THE FOOT REFLEXOLOGY

Reflexology has the advantage over an all-body massage due to the fact that there are approx. 72,000 nerve endings of different endings. Precisely performed massages can influence the body in a positive way and enhance personal well-being. Careful massages of the foot reflex zones can stimulate metabolism and blood circulation among other things, stimulate digestion and support the self-healing process of the body. The more we care about the vitality of our feet, the better it is for our body: The feet are to be seen as a microsystem in which the whole organism is reflected and can be treated individually.



- > If the feet are neglected, this can have an effect on the entire body.
- > Muscular tension of the body can arise as a result of poor posture. This in turn can have negative effects on the spinal column and the nerve tracts and result in other physical complaints.
- > Sleeping problems and cold feet are usually a consequence of circulatory disorders.
- > Excessive sitting and physical inactivity can cause blood congestion, swollen legs and muscle cramps.
- > Provide your feet with sufficient energy so that the veins embedded in the muscles can transport the blood throughout the entire body again.

### THE FOOT REFLEXOLOGY – YOUR BODY'S MIRROR

A reflexology massage of the feet is basically like a full body massage with a feel-good effect. By gently stimulating several reflex points along the foot, organs such as the digestive system can be improved. Foot reflexology belongs to the oldest and most natural ways to keep the body balanced. At an average day we walk daily about 5 kilometres. Calculated on the average

life expectancy, humans can reach approximately 1 million kilometres in their life. Usually we do these wearing shoes that are too tight or too heavy. So it is not surprising that our feet suffer from this. Simply reward your feet with a soothing massage from the FootInn II of Casada.



# SPECIALS

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#### SOLE ROLLER

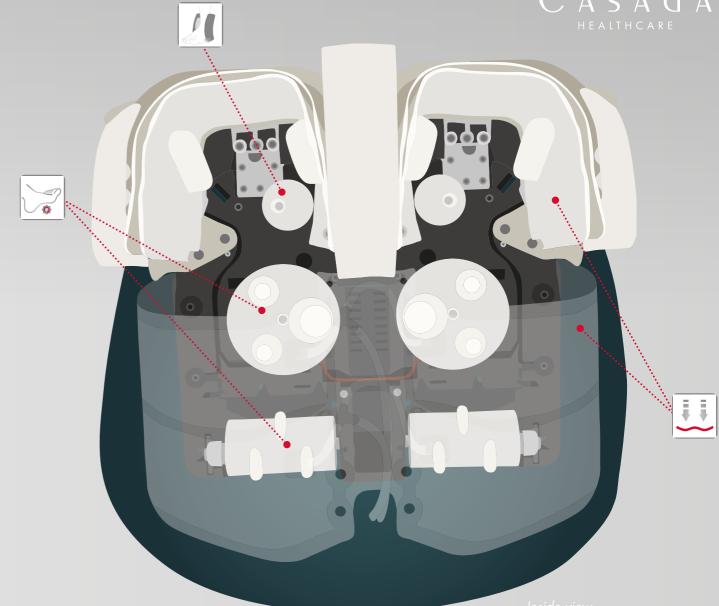
Deluxe foot massage – even the of the foot rollers can be adjusted.

#### HEATING

A deep penetrating and heat-radiating effect in which one can perfectly relax. This function is particularly beneficial for muscle tension due to the deep reaching effect.

#### HEEL MASSAGE For a particula area of the Foot

For a particularly beneficial foot massage, the heel area of the FootInn II is equipped with special acupressure heel airbags and heel rollers.





Inside view



#### REFLEXOLOGY

Reflexology regenerates foot muscles and has a harmonizing effect on almost all organs inside your body.



#### AIR COMPRESSION

Rising and receding airbags have a pumping motion which produces natural muscle reflexes. This is particularly beneficial in the calf and foot area.

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